

## TIPS FOR PARENTS - Junior School

How much time do your children spend:

- in free play
- in unconstrained imagination
- planning adventures and taking adventures
- in daily routines and chores
- actively caring for others
- working hard
- without any electronic form of stimulation
- in physical activity or sport
- creating
- being outdoors in nature
- problem solving
- formulating their own point of view on local and global issues
- taking risks
- reflecting on their own behaviours and decisions made
- experiencing the consequences of their own decision making?

### Golden Rules

- 1) **Teach them caution not fear**
- 2) **Give them your time**
- 3) **Children only do what works**
- 4) **The three most important things you need to bring up well balanced, caring, tolerant children are: patience, patience and still more patience**

### Growing Resilient Children

- Encourage them to take on new challenges and to use failure as feedback
- Help them to notice their own strategies for recovery from disaster
- Encourage learning for understanding rather than for performance or outcome
- Help develop belief in the multiplicity and 'developability' of intelligence
- Make newsworthy, positive role models of success through learning and success through using the brain
- Strive to be worthy of imitation

## Parents of Boys:

Make sure that their first experience of education isn't one of failure.

- Read to them constantly
- Help them learn their letters
- Use visual strategies (if they work) – letters and words on display around the house
- Insist on a small amount of reading every day
- Encourage letter writing, email, even texting
- Do not compare their reading progress with girls

and also

- Help them to master fine motor skills – knitting, sewing, calligraphy, model making, carpentry
- Teach them to skip
- Establish controls on visual media – TV, Youtube, video games
- Ban first-person-shooter games
- Encourage them to overcome sex-role stereotyping – allow playing with dolls, caring for animals, friends

## Parents of Girls:

- Help them to develop visual/spatial processing - lego, chess, patterns in maths
- Help them to master gross physical movements - teach them to throw, kick, hit with a bat, skip
- Encourage them to overcome sex-role stereotyping – allow wearing shorts and pants, short hair, bare feet, playing with trucks and cars, bicycles, skateboards
- Allow them to read, read, read

## Ideas for Parents all year long:

- go to [www.lancegking.wordpress.com](http://www.lancegking.wordpress.com) and find the right blog for your time of year
- go to [www.edutrade.wordpress.com](http://www.edutrade.wordpress.com) for educational ideas to help your children

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Email Lance G King at [taolearn@xtra.co.nz](mailto:taolearn@xtra.co.nz) with any questions

go to [www.taolearn.com](http://www.taolearn.com) for more information on courses and articles by author